

*Charra*

**SEASON 17**

**PROGRAM GUIDE**

**2022 - 2023**

# DEAR *Chara Families*

Chara Christian Dance Academy has built a reputation for excellence over the past 16 Years. At Chara we aim to help our students achieve excellence in dance and music + life, while pointing them to Jesus in all of their work. This is one of the many ways we help families Experience the JOY of Dance and Music! At this time in our history, that is more important than ever!

Dance and Music meet imperative student needs for community, socialization, friendship, mentorship, physical activity, and more! Their benefits include but are not limited to; intellectual, academic, emotional, and physical support.

In this new dance year the wellbeing of our students, staff, and guests continue to be a priority. With a focus on safe physical practices, a growth-mindset, and cultivating healthy relationships, we believe lessons in the arts are the perfect place to develop the WHOLE CHILD. While we may be a large studio, at Chara Christian Dance Academy, we believe that every child has God-given worth.

If you are a seasoned parent at Chara you know that we were here for your children yesterday, we are here for them today, and we will be here for them tomorrow. We are thankful to be allowed to partner with your family as you grow great kids! If you are new to us we say, "Thanks for joining the Chara family!" We are "More Than Just Great Dancing!" Welcome to Season 17!

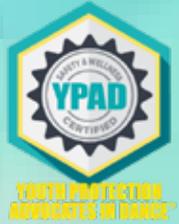


*Ms. Shanna*



## CHARA IS A Youth Protection Advocates in Dance CERTIFIED STUDIO

- Background checked and CPR certified teachers
- Safer Studio™ Policy
- Teacher training & proven curriculum
- A focus on safety & wellness for every student
- Secured facilities
- Viewing windows
- Professional sprung floors
- Social media safety practices



## More Than Just Great Dancing™ AFFILIATED STUDIO

In an ever evolving industry with limited formal federal oversight it is vital to be accountable, innovative, and in tune with the latest developments in the dance industry. Chara is one of the original 10 studios that launched More Than Just Great Dancing™ and our team annually participates in trainings, workshops, and community building meetings with the 300+ studios that make up MTJGD.



## THE BEST OF THE BEST

As a studio that serves around 1,000 students at any given time, we are dedicated to the safety of and influence upon each child. Each staff member undergoes a number of checks and interviews to qualify as a Chara staff member. Each of our staff members are here for more than a job, it's a way of life and opportunity to share the JOY of dance with your child.



## PROGRAMS THAT BUILD CHARACTER

Chara has implemented programs that not only build great dancers and musicians, but great leaders for our future. Students are given the opportunity to rise above expectation and participate in leadership courses and programs that will serve them in their future education, jobs, and personal lives. Just a few of these programs include:

- STAR Leadership
- Teacher's Assistant Program
- Darby's Dancers Buddy Program
- NHSDA



# FITNESS

## Classes

CHARA CHRISTIAN DANCE ACADEMY

### MONDAY

- \* Vinyasa Flow 8:30 - 9:30am
- \* Barre Fitness 9:30 - 10:30am

### TUESDAY

- \* Boot Camp 8:30 - 9:30am
- \* Fusion/Stretch 9:30 - 10:30am

### WEDNESDAY

- Vinyasa Flow 9:00 - 10:00am

### THURSDAY

- \* Mat Pilates 8:30 - 9:30am
- \* Boot Camp 9:30 - 10:30am

### FRIDAY

- HIGH Fitness 8:30 - 9:30am
- \* Vinyasa Flow 9:30 - 10:30am
- \* Adult Ballet 10:30 - 11:30am

### SATURDAY

- HIGH Fitness 8:00 - 9:00am

### FREE childcare!

Any class marked with a \* indicates classes that offer complimentary childcare. We want you to be able to relax and enjoy your time in class while we take care of your little ones. Another great option is to enroll little ones in one of our younger dance or class programs that run in tandem with the fitness class schedule.

### Vinyasa Flow Yoga

This class involves dynamically linking poses together to create a *vinyasa flow* and incorporates yogic pranayama (breath work) throughout all flows. We cover balance poses, inversions, and backbends to increase strength and flexibility. Arm balances are introduced and taught throughout the yoga flows. Pose modifications and advancements are offered and encouraged to fit the student's skill level.

### Boot Camp

Reboot your fitness with Boot Camp! This class combines strength and cardio training; offering a full body burn including exercises such as: upper and lower body conditioning, circuit training, interval training, supportive teamwork, and body weight exercises. Come to class with a mat and resistance band (optional) and get ready to feel the burn and have some fun.

### Barre Fitness

This Barre class is a workout technique inspired by elements of ballet, yoga, and pilates. It focuses on low-impact, high-intensity movements designed to strengthen your body, increase flexibility, and boost stability while engaging focused sets of muscle groups.

### Fusion/Stretch

The class is a combination of Barre Fitness, Yoga, and Pilates to help build overall body strength and flexibility.

### Mat Pilates

Mat Pilates is a method of exercise designed to improve core strength, flexibility, coordination and balance, and proper postural alignment. The class is low impact, making it great for all ages and fitness levels who still want to work and strengthen their bodies.

### Adult Ballet

In adult ballet our goal is to assist students in finding freedom in movement through ballet technique and to simply enjoy our time dancing together. Join us bare foot or in ballet shoes for a class of physical wellness through ballet technique and movement.

### HIGH Fitness

HIGH Fitness is a high energy, fun fitness class that incorporates interval training with music you know and love. The movements are intense enough to challenge an athlete, yet easy enough to follow and modify for beginners. HIGH fitness is for all ages, stages and levels of fitness. Join the new fitness craze for some Body Sculpting Fun!!

## CHILDREN'S PROGRAMS

- Camp Creative
- Performance Company
- Bloom Fine Arts Experience
- Music Lessons (5+)
- Tumbling
- Private Lessons

### ◆ STAR Leadership

We added STAR Leadership courses at Chara in 2021 to give our students first hand exposure to courses that will help build character and skills that support their future endeavors. These Leadership courses include lessons on trust, serving others, self-love and love for others, excellence in words and actions, and fostering growth as an individual.

### ◆ Bloom Fine Arts



Bloom is a program that focuses on the social-emotional, physical, and cognitive development of each child. We help them discover their creativity and develop a love for learning through visual arts, music, movement and theatre. Through the creative arts we will explore colors, shapes, the alphabet, name recognition, writing, the calendar, weather, numbers & counting.

### ◆◆◆ Private Lessons

Private lessons are an opportunity for dancers to receive one-on-one individualized attention from a teacher to meet their personal goals. Private lessons are especially beneficial for dancers who need additional help with choreography in preparation for an upcoming performance or preparing for an audition.

### ◆◆ Darby's Dancers

Darby's Dancers is a non-profit organization dedicated to bringing the joy of the performing arts to children and adults with special needs. These dancers gain coordination, confidence, strength and life long friends, all while feeling like a star. Each dancer is paired with a "Buddy" for the year that assists them throughout the class. Dancers are able to take classes at no cost and the group's fundraising efforts provide costumes and cover recital expenses.



*Darby's Dancers*

## GRADED LEVEL PROGRAMS

- Competitive Company
- Performance Company
- FCB
- Drill Team Classes
- Private Lessons
- Fitness Classes
- Music Lessons
- Tumbling
- Camp Adventure
- Star Leadership
- NHSDA
- Darby's Dancers

### ◆◆ Fitness Classes

Chara's budding fitness program includes yoga, pilates, high intensity interval training, bootcamp, tap, and ballet classes for adults. Each class is taught with modifications and advancements, giving you a large accountability community while tailoring to your strength and capabilities. There are no monthly fees; you simply purchase a class card for the number of classes you would like to take. Students will build endurance, improve emotional and physical health, and have a lot of fun along the way.

### ◆ NHSDA

The National Honor Society for Dance Arts™ (NHSDA) is a program of the National Dance Education Organization, created to recognize outstanding artistic merit, leadership, and academic achievement in students studying dance. Establishing a NHSDA chapter at Chara Christian Dance Academy is one very important way that we can honor our students and help advance the field of dance education.

### ◆◆ Chara Camps



Each year Chara develops and produces originally themed day camps during the school year and week long summer camps. NEW this year is Camp Adventure, which is the equivalent of the Camp Creative day camp but geared towards an older age demographic of 8 - 12 years old. Chara camps have an amazing reputation and always include games, a themed craft, dancing, and end of camp performance, all woven into the main character lesson. Campers get to enjoy socializing with new friends and interactive games and activities.

### ◆◆ Chara Company

Chara is home to 5 Competitive Companies, 2 Performance Companies and is the rehearsal location for our community's own Friendswood Contemporary Ballet. Dancers in Chara Company love to perform, are looking for a dance community, are eager to advance in their technique, and are often looking towards future ambitions involving dance, whether it be in high school or beyond.

## ADULT PROGRAMS

- Fitness Classes
- Music Lessons
- Private Lessons

## ◆◆ FRIENDSWOOD CONTEMPORARY BALLET

Friendswood Contemporary Ballet is Friendswood's semi-professional ballet company with the goal is to unite local ballet dancers and heighten exposure to the performing arts through quality performances and community engagement. The company has a cast of resident artists and strives to maintain technical and artistic distinction by supplementing performances with esteemed guest artists.

### ◆◆ Tumbling

Chara's Tumbling program focuses on mat tumbling skills starting as early as age 18 months, with Parent/Tot Tumbling advancing through Tumbling II. Our tumbling classes follow the Tumbling Effect curriculum which trains instructors, students, and assistants on proper tumbling techniques in a safe, and effective way. Tumbling for dancers not only builds strength and endurance but mastering new skills builds confidence and allows students to reach their goals.

### ◆ Drill Team Classes

Chara has added onto our Drill Team Prep class, to now include an Advanced Drill Team Jazz class. We are dedicated to helping our dancers achieve their personal goals, whether that be advancing in dance technique or making their high school drill team. Through these preparatory and advancing Drill Team classes, our dancers will continue to receive instruction through the studio giving them an advantage on the field.

### ◆◆◆ Chara Music Dept.

Chara Christian Dance Academy has a thriving music department with over 100 students and 5 instructors! Music students receive one-on-one 30 minute private music lessons with our qualified instructors. Instructors help their students develop their skills throughout the year, leading up to their 2 recital performance opportunities. Currently, students can take piano, guitar, voice, ukelele, bass guitar, and banjo lessons in studio.

# Chara

## MUSIC DEPARTMENT



### Weekly Lessons

Receive one-on-one instruction from our professional Music Instructors in a 30 minute in-person studio lesson. In our studio we have 3 dedicated music rooms that will give you the space you need to practice your instrument and develop your skill. There are limited slots for in-studio Music Lessons and they are secured for the entire season, so visit the front desk for details and availability.

### Performance Opportunities

Chara holds 2 music recitals; one around Christmas and another at the end of the season. Students who have shown progress and dedication to their studies are invited to perform one piece at either Recital to demonstrate their growth. Recitals are performed at Friendswood Friends Church. At each recital we offer the opportunity to contribute to a selected charity in lieu of purchasing tickets.

### MUSIC LESSONS

Piano ♦ Guitar ♦ Voice ♦ Ukelele ♦ Bass Guitar ♦ Banjo

### THE IMPACT OF MUSIC

Aside from the joy that a student feels and sense of accomplishment as they develop a new skill, the study of music is proven to increase cognitive and muscle memory through use of both the left and right side of the brain simultaneously. Music studies further develop cognitive and physical aspects of the human body and helps to relieve stress! The one-on-one personalized attention that music students receive at Chara allows them to progress at a pace that reflects their will and desire; leading self confidence and a passion for music.

## NEW PROGRAMS IN 2022



Boppin' Babies is a fun program for children **9 months up to 2 years old AND their parents/caregivers** that focuses on music and movement. The gender-neutral curriculum is specifically designed to

- increase children's socialization skills
- provide structure and consistency
- cultivate independence
- encourage discovery and imagination

Parent/Tot Tumbling is for children **18 months up to the age of 3 years**. Music, movement, balance and basic tumbling are introduced in a fun, friendly and positive manner. This type of class includes a guardian participating in the class alongside their little tumbler. Our teachers will keep the music and curriculum moving along while parents take an active role in encouraging, supporting, and keeping the little tumbler on track.

### Parent & Tot TUMBLING



This high energy, fast paced class will help some of our youngest dancers explore an alternative dance style, jazz! Dancers will begin to learn the basics of jazz technique and a variety of beginning jumps, leaps, and turns! Tiny Tots Jazz includes a warm up, isolations, stretches, and across the floor progressions. This class is for dancers who like precision and rhythm, physical challenges, and personal style and expression.

### Tiny Tots Jazz

In this class dancers will focus on conditioning their bodies for the demands of ballet pointe work. Dancers will dive deep into core, turnout, leg, ankle, and foot stretches and strengthening exercises to provide overall stability and control necessary for the demands of dancing en pointe! Students must have a teacher evaluation to attend.

### Pre-Pointe Conditioning

### stretch + TONE

A class focusing on stretching the dancer for more flexibility and toning the dancer for more strength. This class is available to dancers in Chara's Graded Technique programs.



# Children's Classes 1-6

Placement by age as  
of Sept. 1st 2022

## MONDAY

### 9 MO. - 2 YRS.

Boppin' Babies 10:00 - 10:30am  
Tippy Toes 4:00 - 4:30pm

### AGES 3 & 4

Taps for Tots 9:00 - 9:30am  
Tutus & Bowties 9:30 - 10:00am  
Tutus & Bowties 4:00 - 4:30pm  
Tiny Tots Jazz 4:30 - 5:00pm

### AGES 5 & 6

Primary Ballet 4:00 - 4:30pm  
Primary Jazz 4:30 - 5:00pm  
Primary Tap 5:00 - 5:30pm  
Primary Hip Hop 5:30 - 6:00pm  
Primary Ballet 6:00 - 6:30pm

## TUESDAY

### 9 MO. - 2 YRS.

Tippy Toes 5:15 - 5:45pm

### AGES 3 & 4

Tutus & Bowties 9:00 - 9:30am  
Tutus & Bowties 5:45 - 6:15pm

### AGES 5 & 6

Primary Tap 4:15 - 4:45pm  
Primary Ballet 4:45 - 5:15pm



## WEDNESDAY

### 9 MO. - 2 YRS.

Tippy Toes 9:00 - 9:30am  
Parent & Tot Creative Movement 10:00 - 10:30am

### AGES 3 & 4

Tutus & Bowties 9:30 - 10:00am  
Taps for Tots 10:00 - 10:30am  
Tiny Tots Tumbling 4:00 - 4:30pm  
Tutus & Bowties 4:30 - 5:00pm  
Taps for Tots 5:00 - 5:30pm

### AGES 5 & 6

Primary Jazz 9:00 - 9:30am  
Primary Ballet 9:30 - 10:00am  
Primary Tap 10:00 - 10:30am  
Primary Ballet 4:00 - 4:30pm  
Primary Tumbling 4:30 - 5:00pm  
Primary Ballet 5:00 - 5:30pm  
Primary Hip Hop 5:30 - 6:00pm  
Primary Jazz 6:00 - 6:30pm

## THURSDAY

### 9 MO. - 2 YRS.

Tippy Toes 9:00 - 9:30am  
Parent & Tot Tumbling 9:30 - 10:00am  
Boppin' Babies 5:30 - 6:00pm

### AGES 3 & 4

Tutus & Bowties 10:00 - 10:30am  
Taps for Tots 10:30 - 11:00am  
Tiny Tots Jazz 4:15 - 4:45pm  
Taps for Tots 4:45 - 5:15pm  
Tutus & Bowties 5:15 - 5:45pm

### AGES 5 & 6

Primary Tap 4:00 - 4:30pm  
Primary Ballet 4:30 - 5:00pm  
Primary Jazz 5:00 - 5:30pm

## FRIDAY

### 9 MO. - 2 YRS.

Tippy Toes 11:00 - 11:30am

### AGES 3 & 4

Tutus & Bowties 9:00 - 9:30am  
Taps for Tots 9:30 - 10:00am  
Tiny Tots Jazz 10:00am - 10:30am  
Tutus & Bowties 10:30 - 11:00am  
Tutus & Bowties 6:15 - 6:45pm

## SATURDAY

### 9 MO. - 2 YRS.

Parent & Tot Creative Movement 9:00 - 9:30am  
Tippy Toes 9:00 - 9:30am  
Boppin' Babies 10:30 - 11:00am

### AGES 3 & 4

Tutus & Bowties 9:30 - 10:00am  
Taps for Tots 10:00 - 10:30am  
Tiny Tots Tumbling 10:30 - 11:00am  
Tutus & Bowties 11:00 - 11:30am

### AGES 5 & 6

Primary Tumbling 9:00 - 9:30am  
Primary Ballet 9:30 - 10:00am  
Primary Jazz 10:00 - 10:30am

## BLOOM Fine Arts Experience

**MONDAY & FRIDAY 9:00am-1:00pm**

\* Students must be potty trained AND  
between 2 and 6 years old

Bloom Fine Arts Experience for Pre-schoolers helps students discover their creativity and develop a love for learning through visual arts, music, movement and theatre. We will explore colors, shapes, the alphabet, name recognition, writing, the calendar, weather, numbers & counting.



# CAMP CREATIVE

AGES 3-8

1:30-3:00PM

AGES 8-12

# CAMP ADVENTURE

**The Gifts Within** This Encanto themed camp will help you discover how each of us are designed by God and have our own unique gifts we use to help others and point them to Jesus. Use your strength like Luisa to complete an obstacle course, design something spectacular like Isabela, and follow Mirabel on her journey to save her family.

**Bluey's World** Join in the fun as we take on the roles of Bluey, Bingo, and friends by using both our imagination and curiosity to explore the world around us. We will create our own adventure map, put on our dancing shoes to show off our best moves, and learn how to be a good friend.

**The Royal Ball** Put on your tiara and fancy gown! You are cordially invited to join us as we learn how to be a True Princess. This camp is filled with dance, activities, and music from all your favorite princesses - Sofia the First, Cinderella, Belle, Aurora, and Rapunzel!

**Tangled Tales** Step into the magical land of Rapunzel as we imagine, create and make new friends! We will reminisce of the journey of Flynn, Pascal, and Maximus to save the lost Princess while creating memories of our own.

**The Christmas Train** Dress in your favorite pajamas as we travel to the North Pole with your dancing friends. We will sing and dance to our favorite songs from the Polar Express, make a Christmas craft, and play games of course!

**Adventures in Arendelle** Journey to the well known land of Arendelle as we reminisce of the adventures from Frozen and Frozen 2. This camp will take you into the unknown and teach you what it means to do the next right thing!

**Teddy Bear Tea Party** You and your favorite stuffed animal are cordially invited for tea! We will learn about manners, play dress up and properly set the table for a tea party!

**Candyland** Sunshine, Lollipops, and Rainbows! Become one of the Gingerbread kids and join the race with Queen Frostine, Princess Lolly, and Gramma Nut as they search for King Kandy. Don't get caught by Lord Licorice as we journey through the Candy Cane Forest. This camp is action packed with games, crafts, and dancing!

**Cuddle Care** Grab your favorite stuffed animal or doll! We will help our toys feel better by giving them check-ups and a diagnosis just like Doc McStuffins and her friends. Be a doctor for the week as we learn about our anatomy and staying healthy while playing games, making crafts, and dancing with friends!

**Tropical Adventure** Grab your hula skirt and lei as we reimagine the daring journey of Moana and Maui. We will sail the high seas, explore new lands, and create lasting friendships while learning what it means to find our true identity.

AUG.  
27<sup>TH</sup>

**Cheer Camp** Say it loud, say it proud in Cheer Camp at Chara. This camp focuses on teaching the fundamentals of cheerleading. We will learn technique for jumps, basic tumbling skills, cheers, chants, and teamwork.

SEPT.  
24<sup>TH</sup>

**Twirl, Twist, & Dye** Put your creativity to the test as we create our own upbeat jazz dance and use our crafting skills to tie dye a t-shirt.

OCT.  
22<sup>ND</sup>

**Lights, Camera, Action!** Walk the red carpet dressed as your favorite Hollywood star! We will imagine dancing on Broadway as we learn a Musical Theater routine, play action packed games, and decorate a picture frame at this movie themed camp.

NOV.  
19<sup>TH</sup>

**Pajama Party** Nail polish, fuzzy socks and pillow fights galore! This camp will be overflowing with energy as we give each other makeovers, learn crazy hair styles, play games and have a pillow fight of course.

DEC.  
17<sup>TH</sup>

**Christmas Around the World** Travel with us around the world as we learn how children everywhere celebrate Christmas. We will play games, make an ornament, and dance to the Nutcracker music. Our focus will be on the real meaning of Christmas, the birth of Jesus!

JAN.  
21<sup>ST</sup>

**Let's Glow Crazy** Time to shine bright at our Glow in the dark party! Wear your brightest colors as we dance, play glow games in the dark, and meet new friends.

FEB.  
25<sup>TH</sup>

**Under the Big Top** Dare, Dream, and Perform at this exciting Greatest Showman themed camp! We will focus on how we were each created with unique abilities to do anything we set our hearts on. You will not want to miss out on the acrobatics, carnival games, and acting planned for the day!

MARCH  
25<sup>TH</sup>

**Jedi Training Camp** Travel beyond the stars for epic duels and speeder races! Students will learn to use the core elements of peace, knowledge, serenity, and harmony to overcome challenges and become a true galactic knight!

APRIL  
22<sup>ND</sup>

**Totally Groovy** Peace, Love, & Flower Power! Join us as we timehop back to the 70's for the day! Dress up and learn far out dance moves. We will also craft with vibrant colors and play games that were popular in this decade.

MAY  
13<sup>TH</sup>

**Beach Party** Sunshine, waves, and ocean breeze! Put on your hula skirt and lei to join the Luau party as we play beach themed games, craft and dance to your favorite summer jams!

# GRADED <sup>7+</sup> TECHNIQUE

Placement by Skill Evaluation

## LEVEL I

### MONDAY

Jazz I 4:00 - 4:45pm  
Ballet I 4:45 - 5:30pm

### TUESDAY

Contemporary I 4:00 - 4:45pm  
Jazz I 4:45 - 5:30pm  
Ballet I 5:30 - 6:15pm  
Tap I 6:15 - 6:45pm  
Hip Hop I 6:45 - 7:30pm

### WEDNESDAY

Ballet I 9:00 - 9:45am  
Jazz I 9:45 - 10:30am  
Contemporary I 4:15 - 5:00pm  
Ballet I 5:00 - 5:45pm  
Jazz I 5:45 - 6:30pm  
Hip Hop I 6:30 - 7:15pm

### THURSDAY

Hip Hop I 4:00 - 4:45pm

### FRIDAY

Ballet I 4:00 - 4:45pm

### SATURDAY

Tap I 10:30 - 11:00am  
Ballet I 11:00 - 11:45am  
Jazz I 11:45 - 12:30pm



## LEVEL II

### MONDAY

Ballet IIA 5:00 - 5:45pm  
Contemporary II 6:30 - 7:15pm

### TUESDAY

Ballet IIB 4:00 - 4:45pm  
Ballet IIC 6:15 - 7:00pm  
Contemporary II 7:00 - 7:45pm  
Tap II 7:30 - 8:15pm  
Jazz II 7:45 - 8:45pm

### WEDNESDAY

Ballet IIA 5:15 - 6:00pm  
Ballet IID 5:30 - 6:15pm  
Jazz II 6:00 - 7:00pm  
Contemporary II 6:30 - 7:15pm  
Hip Hop II 7:00 - 7:45pm  
Ballet IIC 7:15 - 8:00pm  
Hip Hop II 8:00 - 8:45pm

### THURSDAY

Ballet IIB 4:15 - 5:00pm  
Jazz II 4:45 - 5:45pm

### FRIDAY

Ballet IID 5:30 - 6:15pm

## DARBY'S DANCERS

### WEDNESDAY

Darby's Dancers 4:45 - 5:15pm

### SATURDAY

Darby's Dancers 12:30 - 1:00pm

## LEVEL III

### MONDAY

Ballet IIIA 4:30 - 5:30pm  
Contemporary III 6:30 - 7:30pm  
Pre-Pointe Conditioning 8:45 - 9:15pm  
*must be enrolled in Ballet III+*

### TUESDAY

Ballet IIIB 6:00 - 7:00pm

### WEDNESDAY

Jazz III 6:00 - 7:00pm  
Ballet IIIC 7:15 - 8:15pm  
Ballet IIIA 7:45 - 8:45pm

### THURSDAY

Tap III 5:45 - 6:30pm  
Ballet IIIB 6:00 - 7:00pm  
Hip Hop III 6:30 - 7:15pm  
Modern 6:30 - 7:30pm  
*must have examined into Ballet IV+ or Contemporary III+*  
Jazz III 7:00 - 8:00pm  
Ballet IIIC 7:15 - 8:15pm

## LEVEL IV

### MONDAY

Jazz IV 5:30 - 6:30pm  
Contemporary IV 6:30 - 7:30pm  
Ballet IVA 7:30 - 8:45pm  
Pre-Pointe Conditioning 8:45 - 9:15pm  
*must be enrolled in Ballet III+*

### TUESDAY

Ballet IVB 6:45 - 8:00pm  
Jazz IV 8:00 - 9:00pm

### WEDNESDAY

Ballet IVA 7:15 - 8:30pm

### THURSDAY

Tap III 5:45 - 6:30pm  
Hip Hop IV 5:45 - 6:30pm  
Modern 6:30 - 7:30pm  
*must have examined into Ballet IV+ or Contemporary III+*  
Ballet IVB 8:00 - 9:15pm

# LEVEL V

## MONDAY

Jazz V 5:30 - 6:30pm  
Contemporary V 6:30 - 7:30pm  
Ballet V 7:30 - 8:45pm  
Pointe I 8:45 - 9:15pm  
Pointe II 8:45 - 9:15pm

## THURSDAY

Tap III 5:45 - 6:30pm  
Hip Hop IV 5:45 - 6:30pm  
Modern 6:30 - 7:30pm  
*must have examined into Ballet IV+ or Contemporary III+*  
Ballet V 7:30 - 8:45pm  
Pointe I 8:45 - 9:15pm  
Pointe II 8:45 - 9:15pm

# LEVEL VI

## MONDAY

Jazz V 5:30 - 6:30pm  
Contemporary V 6:30 - 7:30pm  
Ballet VI 7:30 - 8:45pm  
Pre-Professional Ballet & Pointe 7:30 - 9:15pm  
Pointe II 8:45 - 9:15pm

## THURSDAY

Tap III 5:45 - 6:30pm  
Hip Hop IV 5:45 - 6:30pm  
Modern 6:30 - 7:30pm  
*must have examined into Ballet IV+ or Contemporary III+*  
Ballet VI 7:30 - 8:45pm  
Pre-Professional Ballet & Pointe 7:30 - 9:15pm  
Pointe II 8:45 - 9:15pm

# FRIENDSWOOD CONTEMPORARY BALLET

## FCB Rehearsal

Thursday 5:00 - 6:30pm  
Saturday 10:30 - 12:00pm



## K - 3rd Performance Company A

Monday 6:30 - 7:15

## K - 3rd Performance Company B

Wednesday 4:00 - 4:45pm

## 4th Performance Company

Friday 4:45 - 5:30pm

## 5th - 8th Performance Company

Friday 6:15 - 7:00pm



## Chara Crew

## NOW Open to Boys & Girls

Tuesday 7:00 - 8:30pm



## Competitive Company A

Tuesday 4:45 - 6:45pm

## Competitive Company B

Tuesday 4:00 - 6:00pm

## Competitive Company C

Friday 4:15 - 7:00pm

## Competitive Company D

Friday 4:15 - 7:00pm

## Competitive Company E

Friday 4:15 - 7:00pm



# TEACHER RECOMMENDATION

These classes are recommended for students who want to continue to grow in the arts in support of their Graded Level classes. Classes like these help our more advanced dancers reach milestones and open doors to various pathways in which dance can take you.

## MONDAY

Pre-Pointe Conditioning 8:45 - 9:15pm  
*must be enrolled in Ballet III+*

## TUESDAY

Stretch and Tone 8:15 - 8:45pm [Ages 9+]  
Advanced Drill Team Jazz 8:30 - 9:15pm  
*By skill evaluation only*

## WEDNESDAY

Drill Team Prep 8:30 - 9:15pm [Grades 6 - 12]

## SATURDAY

Open Ballet 9:00 - 10:30am  
*must be enrolled in Ballet III+*  
Tumbling I 9:45 - 10:30am [Ages 7+]  
Tumbling II 11:00 - 11:45am  
*By skill evaluation only*

# STAR LEADERSHIP



## TRUST

Part I - Aug. 27th | Part 2 - Sept. 24th

## ◆ SERVE

Part I - Oct. 22nd | Part 2 - Nov. 19th

## ◆ LOVE

Part I - December 17th | Part 2 - January 21st

## ◆ EXCELLENCE

Part I - February 25th | Part 2 - March 25th

## ◆ GROWTH

Part I - April 22nd | Part 2 - May 13th

**Saturdays 3:30 - 5:00pm**

# Children's Classes 1-6

## Boppin' Babies

Child: Anything Comfortable  
Parents: Athletic wear and tennis shoes.

## Parent & Tot Creative Movement or Tumbling

Girls: Pink leotard with attached or separate skirt, pink or skin tone convertible tights with matching ballet shoes, hair in bun. **Boys:** White shirt, black shorts/pants, black socks, black ballet shoes.  
Parents: Athletic wear and tennis shoes.

## Tippy Toes or Tutus & Bowties

Girls: Pink leotard with attached or separate skirt, pink or skin tone convertible tights with matching ballet shoes, hair in bun. **Boys:** White shirt, black shorts/pants, black socks, black ballet shoes.

## Taps For Tots

Girls: Pink leotard with attached or separate skirt, skin tone convertible tights and tan tap shoes, hair in bun. **Boys:** White shirt, black shorts/pants, black socks, black tap shoes.

## Tiny Tots Jazz

Girls: Pink leotard, tan tights (pink if they are in ballet that day), black shorts/capris/leggings (or pink skirt) and tan jazz shoes, hair in bun. **Boys:** White shirt, black shorts/pants, black socks, black tap shoes.

## Tiny Tots Tumbling or Primary Tumbling

If participating in a dance class that day, wear the appropriate dress code for that class, with black shorts, and convertible tights that can be rolled up for bare feet. If only in tumbling - **Girls:** a gymnastic leotard WITH shorts and bare feet. **Boys:** white shirt, black shorts, bare feet.

## Primary Ballet

Girls: Black leotard with attached or separate skirt, pink or skin tone convertible tights with matching ballet shoes, hair in bun. **Boys:** White shirt, black shorts/pants, black socks, black ballet shoes.

## Primary Jazz

Girls: Black leotard, black skirt/shorts/leggings, skin tone convertible tights and matching jazz shoes, hair in bun. **Boys:** white shirt, black shorts/pants, black socks, black jazz shoes.

## Primary Tap

Girls: Black leotard, black skirt/shorts/capris/pants, skin tone convertible tights and tan tap shoes, hair in bun. **Boys:** White shirt, black shorts/pants, black socks, black tap shoes.

## Primary Hip Hop

Girls: Black leotard, black shorts/capris/leggings, Chara Hip Hop shirt, skin tone convertible tights, black tennis shoes, hair in bun. **Boys:** Chara Hip Hop shirt, black shorts/pants, black socks, black tennis shoes.

# GRADED TECHNIQUE 7+

\*\*\* All bras and undergarments must be nude.  
Clear straps are preferred for performances.

## Jazz, Tap, & Drill Team

Girls: Black leotard, skin tone convertible tights with matching canvas jazz shoes for Jazz, and Drill Team Prep. Black tap shoes for tap class. Black shorts/capris/leggings and hair in bun. **Boys:** White shirt, black pants or shorts, black jazz or black tap shoes as appropriate for class.

## Contemporary and Modern

Girls: Black leotard, skin tone stirrup tights, black pants/capris/shorts, Capezio nude foot Undeez, hair in bun. **Boys:** White shirt, black pants or shorts, Capezio nude foot Undeez

## Hip Hop

Girls: Black leotard, black shorts/capris/pants, Chara Hip Hop shirt, skin tone footed tights, black tennis shoes and hair in bun. **Boys:** Chara Hip Hop shirt, black shorts/pants and tennis shoes

## Tumbling

If participating in a dance class that day, wear the appropriate dress code for that class, with black shorts, and convertible tights that can be rolled up for bare feet. If only in tumbling - **Girls:** a gymnastic leotard WITH shorts and bare feet. **Boys:** white shirt, black shorts, bare feet.

## Stretch & Tone or Pre-Pointe Conditioning

If participating in a dance class that day, wear the appropriate dress code for that class, with black shorts, and convertible tights that can be rolled up for bare feet. If only in this class - **Girls:** Modest athleticwear **Boys:** Modest athleticwear

## Ballet Classes

Girls: Detached Bloch skirt to match leotard color, pink or skin tone footed tights with matching Bloch ballet shoes. **Boys:** White shirt, black pants, black socks, black Bloch ballet shoes.

- **Ballet I** Bloch or BP Lavender Leotard
- **Ballet II** Bloch or BP Light Blue Leotard
- **Ballet III** Mirella by Bloch or BP Royal Blue Leotard
- **Ballet IV** Bloch or BP Turquoise Leotard
- **Ballet V** Bloch or BP Purple Leotard
- **Ballet VI** Bloch or BP Burgundy Leotard
- **Pre-Pro or Pointe** Modest leotard in a solid color

## Darby's Dancers

Girls: Black leotard, black leggings/capris, Chara Darby's Dancers shirt, tennis shoes, and hair pulled up. **Boys:** Chara Darby's Dancers Shirt, Black pants/shorts and tennis shoes.



## CHARA MEMBERSHIP FEE

A Chara membership is required to participate in most Chara programs.

### Returning families renewal

Charged annually in March **\$79**

### New families registration

Charged upon enrollment **\$99**



#### Bravo Partner Discounts

Receive discounts at over 30 different local businesses with your Chara Bravo Card. Visit our website for a full list of participating businesses and discounts.



#### Member Discounts

\* 15% Discount on Fitness Classes  
\* 10% Tuition discount on additional family members classes and camps  
\* 10% Tuition Discount for all pastors, police officers, firefighters, FUSD teachers (as part of the Friends of FUSD program) & military families with ID.



#### No Registration Fees

Chara offers a number of programs including music, dance, camps, and more. Your Membership covers registration for all Chara programs.



#### Priority Class Selection

Classes at Chara fill fast due to popular demand. Members get to select classes 1-2 weeks prior to everyone else, giving you a better shot at being enrolled in the class offered on the day/time you prefer.



#### Chara Family Communication

Gain access to our Chara Members page on our website that houses important information and links to member resources such as our Facebook Community page and dedicated Recital Website.

## BLOOM FINE ARTS

Curriculum focused educational classes for pre-school develop a love for learning through creative arts in this once or twice per week class. Chara Membership required.

Bloom Classes 10 installments

**1 Day per week \$110/mo.**

**2 Days per week \$220/mo.**

Program Cost Includes

- \* Bloom Curriculum
- \* Bloom instruction
- \* Craft Supplies

## MUSIC TUITION INSTALLMENTS

Music Lessons run year round. If you wish to discontinue music lessons, you must notify our Customer Care Team 1 month in advance.

Music Lessons monthly installments

30 minute weekly private lessons

**Level 1 Instructor \$130/mo.**

**Level 2 Instructor \$135/mo.**

### Music Recital Fee

**Winter & Spring Recital \$50 annual fee**

Charged October 15th

## FITNESS CLASSES

Rather than paying a monthly gym membership, take advantage of Chara's tiered "class card." Drop in for a FREE trial class and then purchase a class card to use towards ANY of the fitness classes we offer whenever you like!

Membership Pricing pay per card

**4 classes \$49**

**6 classes \$69**

**8 classes \$79**

**unlimited classes \$99/mo.**

## CAMP CREATIVE/ADVENTURE

This themed day camp is offered one Saturday per month to students ages 3 - 12.

Membership Pricing

**1 Camp \$25**

**4 Camps \$75**

**6 Camps \$107**

**10 Camps \$170**

## STAR LEADERSHIP

This a leadership course designed for teens ages 10+

Membership Pricing

**1 Course \$25**

**4 Courses \$75**

**6 Courses \$107**

**10 Courses \$170**

## DANCE TUITION INSTALLMENTS

Tuition is withdrawn by automatic draft on the 1st of the month. Membership Fee, payment information, and last tuition installment are due upon enrollment.

Children's Dance 11 installments

**Child's 1st class \$58**

**Each additional class \$34**

Graded Technique 11 installments

**Ballet I \$84**

**Ballet II (2x per wk) \$130**

**Ballet III (2x per wk) \$164**

**Ballet IV (2x per wk) \$200**

**Ballet V (2x per wk) \$200**

**Pre-Professional (2x per wk) \$200**

**Pointe (30 min 2x per wk) \$68**

**Open Ballet \$102**

**1st class (without Ballet) \$84**

**Add hour long class \$68**

**Add 45 minute class \$51**

**Add 30 minute class \$34**

### \*\*\* Ballet Exams

Graded Level ballet dancers may be recommended for ballet exams to evaluate their progression to the next level. If taking the exam, additional fees will be incurred for the 4 prep classes and formal ballet examination.

### Dance Recital Fee

**Children's Recital Costume \$105 + tax**

**Graded Level Recital Costume \$119 + tax**

Charged October 15th

\* Costume and pair of tights

**Family Recital Fee \$75 + tax**

Charged November 15th

\* Digital recital recording

\* Recital t-shirt per dancer

\* 2 Digital picture download

**SAVE 5%** on your dance or music tuition when you prepay for the year by August 1st 2022. To prepay, e-mail info@charadance.com

EVERY student has  
*God Given*  
**W O R T H**



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info@charadance.com  
@charadancefwd  
www.charadance.com

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**TRIAL CLASS**

Bring in this coupon or call to sign up for a trial class by August 1st and receive a gift from us on your way out.

**SAVE 25%**  
**ON YOUR FIRST**  
**PRIVATE LESSON**

Chara Members, bring this coupon to the front desk to schedule and save 25% on your first Private Lesson.

EXPERIENCE THE **JOY OF DANCE AND MUSIC**™